



Goal Setting

ACHIEVE YOUR VOCAL GOALS PRODUCTIVELY

NAME

What are your 4 long-term goals and why do you want to achieve each of them?

1

2

3

4

Resonant
Voice
Goal Settings

LONG TERM
GOAL

LONG TERM
GOAL

LONG TERM
GOAL

LONG TERM
GOAL

5 SHORT-TERM GOALS
THAT WILL HELP YOU
ACHIEVE THIS GOAL

5 SHORT-TERM GOALS
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5 SHORT-TERM GOALS
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ACHIEVE THIS GOAL

5 SHORT-TERM GOALS
THAT WILL HELP YOU
ACHIEVE THIS GOAL

1

1

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5



WEEK STARTING:

LONG TERM GOAL

SHORT TERM GOAL

Name 5 key elements that will help you achieve this week's goal.

Name 3 key resources that will help you achieve this week's goal.

Name 5 key exercises that you will include in this week's warmups.

WEEK STARTING:



Resonant
Voice

	WARM-UP ROUTINE	TECHNICAL EXERCISE/ RECORD	REPERTOIRE	AFTER PRACTICE ASSESSMENT
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DAY 1

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DAY 2

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DAY 3

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DAY 4

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DAY 5

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